

**Create Pathways Counseling, LLC**

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Social Media Policy  
Amal Bernal, MS, LMHC #16723

This document outlines my office policies related to use of Social Media. Please read it to understand how I conduct myself on the Internet as a Mental Health professional and how you can expect me to respond to various interactions that may occur between us on the Internet.

If you have any questions about anything within this notice, I encourage you to bring them up when we meet. As new technology develops and the Internet changes, there may be times when I need to update this policy. Any changes to this policy will be reflected here.

***FRIENDING***

I do not accept friend or contact requests from current or former clients on any social networking site (Facebook, LinkedIn, etc.) I believe that adding clients as friends or contacts on these sites can compromise your confidentiality and our respective privacy. It may also blur the boundaries of our therapeutic relationship. If you have questions about this, please bring them up when we meet and we can talk more about it.

***FOLLOWING***

I publish a blog on my website and I post psychology news on Twitter. I have no expectation that you as a client will want to follow my blog or Twitter stream. However, if you use an easily recognizable name on Twitter and I happen to notice that you've followed me there, we may briefly discuss it and its potential impact on our working relationship.

**Signature:** \_\_\_\_\_

*I consent to sharing information provided here.*

**Date:** \_\_\_\_\_

**Witness Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_